



2022 MSC Dive Team Information

MSC Dive Team is a novice program designed to introduce young people to and encourage their enjoyment of diving in a safe and positive environment. MSC is part of the Midlakes Dive League and our Dive Team program is open to current MSC members. Dive Team is for children ages 5 – 15 who can swim at least 25 meters (length of pool) freestyle.

Spring Clinic Schedule* Starts May 31, 2021

Tuesdays	6:30 – 7:30pm	17 U's, 14 U's & 10 U's
Thursdays	6:30 – 7:30pm	12 U's & 8 U's
Sundays	12:00 – 1:30pm	All Ages (come when you 12 - 12:45pm or 12:45 - 1:30pm)

*Spring practice times are flexible. If your child has a conflict with their scheduled time you can coordinate with the coach to attend a different time.

Summer Practice Schedule* Starts Monday, June 20, 2022

Mon-Fri:

8 & u	12 - 12:45pm
10 & u	1:45 - 2:30pm
11 & up	12:45 - 1:45pm

*Summer practice times are flexible. If your child has a conflict with their scheduled time you can coordinate with the coach to attend a different time.

There is a **Mandatory Coach and Parent Rep Meeting** – Saturday, June 18th @ 11am - at MSC

Meet Dates and Locations

- Wednesday, June 29: Seattle Tennis Club @ MSC
- Wednesday, July 6: MSC @ Phantom Lake
- Monday, July 11: Newport Hills @ MSC
- Monday, July 18: Woodridge @ MSC
- Monday, July 25: MSC @ MIBC

Parent volunteers are needed to staff both home and away meet.

All meets begin at 5:00pm, closed age group warm – up at 4:45pm
Visiting Team warmup at 4:15pm, Home Team warm – up at 3:45



Midlakes Dive Champs Saturday, July 30 & 31, 2022 at Newport Hills Swim & Tennis Club

7:00am – warm up	July 30 th will be Junior Champs (8U & 10U)
8:00am - Start Time	July 31 st will be Senior Champs (12U, 14U & 15+)

2022 Fee: \$200.00 plus \$16.00 AAU extended coverage fee. Register at www.mercerwood.com & AAU membership at diveaa.org (Club Code is W34AB4)

Parent Rep

Jen Capasso
Sarah Merriman

Coaches

Anna Bertlin
Alex Levin
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Club Manager

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