



SUMMER SWIM TEAM 2022

Instruction for any MSC member athlete between the ages of 5-18. Qualifying athletes must be capable of swimming the length of the pool or approved by the coaching staff.

SPRING PRACTICE SCHEDULE

Beginning May 16, 2022

- 11&12, 13+:** 4:00 – 4:45 Mon-Fri
- 9&10:** 4:45 – 5:30 Mon-Fri
- 8&U:** 5:30 – 6:00 Mon-Fri
- Mini Mantas:** 6:00 – 6:30 Tues & Thurs



SUMMER PRACTICE SCHEDULE

Beginning June 20, 2022

- Stroke Clinic:** 8:30 - 9:00 Mon-Fri
- 9 & 10:** 9:00 – 9:45 Mon-Fri
- 11&12:** 9:45 – 10:30 Mon-Fri
- 13+:** 10:30 – 11:30 Mon-Fri
- Mini Mantas:** 10:30 – 11:00 Mon-Thurs
- 8&U:** 11:30 – 12:00 Mon-Fri

2022 TEAM CALENDAR

All Dates are Tentative

All meets times & location subject to change

- June 6 Time Trials @ MSC, 5:00 (4:00 check-in, 4:15 warm-up)
- June 14 "B" Meet Home vs. Tam O'Shanter
- June 16 "A" Meet Away vs. Tam O'Shanter
- June 21 "B" Meet Away vs. Strattonwood
- June 23 "A" Meet Home vs. Strattonwood
- June 28 "B" Meet Home vs. Klahanie
- June 30 "A" Meet Away vs. Klahanie
- July 6 Team Picture Day, 8:30am
- July 7 "A" & "B" Meet Home vs Somerset
- July 10 Coaches' Party @ MSC, 6:00pm
- July 12 "A" Meet Home vs. Maple Hills
- July 14 "B" Meet Away vs. Maple Hills
- July 16 Division ("B") Champs @ Strattonwood
- July 17 Long Distance League ("A") Champs Finals (200 freestyle & 500 freestyle) @ Woodridge
- July 24 League ("A") Champs Timed Finals @ MIBC
- July 25 Awards Celebration @ MSC, 6:30pm

Home Meets

- MSC Check-in: 4:30**
- MSC Warm-up: 4:45**
- Meet Start: 6:00**



Away Meets

- MSC Check-in: 5:00**
- MSC Warm-up: 5:15**
- Meet Start: 6:00**